



Research Article

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CASE REPORTS-HOMEOPATHY: CHRONIC TONSILLITIS, RESTORE FIRST SYMPTOMS OF MENTAL AND PHYSICAL SUBSEQUENTLY

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ABSTRACT

Homeopathy is a type of medicine, which is based on the law of similar and looking for healing or restoration of health from the beginning, in the totality of symptoms. Aim: Describe the effect of a homeopathic treatment in a case of chronic tonsillitis, first restoring mind then the body from the first principle of Orthodox Mental than physical. Methodology: A case study was conducted in a young 20 years old male. performed in a patient who had in his physical plane cryptic chronic tonsillitis characterized by an ongoing inflammatory process and a half year course, with fast evolution, with no history inherit-family for this condition, said to have suffered often from respiratory diseases, showed no temperature, bone pain, with crypts filled with pus-scented ricotta spoiled, foul, apparently an infection with *Candida albicans*, aphasia pain, pale, serious, Sad it shows, depressed and treatment based on the prioritization of mental. Results: It was found that significantly decreased the inflammatory process, healing crypts amygdales in tongue cleaning and improvement in their emotional state. Discussion: In this case the "law of similars, the individuality of the person and especially the orthodox principle that is essential to treat mental, emotional and not let go to guide their homeopathic prescription for physical symptoms. Conclusion: Homeopathy is a type of medicine is well accepted including use, results, quality of care, interrogation and confidence in the treatment and positive effect in this case considering emotional-mental state.

Keywords: homeopathic medicine, interrogatory, orthodox, emotional-mental, treatment.

INTRODUCTION

Homeopathy is a type of medicine considered "Medical science", which in early history of civilization has conducted its activity in the human spirit, "A kind of medicine."¹ The etymological definition of the word homeopathy derives from the Greek words: "Homoios" which means alike or similar and "pathos" which means suffer, translating is "similar to the suffering".² Was discovered by Christian Friedrich Samuel Hahnemann in Germany (1755-1843).³

The World Health Organization (WHO) in a meeting took place in USSR in 1978, in the city of Alma-Ata, the capital of Kasakasta, state that the homeopathy had the bases such as a complementary medicine and it was accepted and integrated to the national sanitary system of many countries such as; France, Germany, United Kingdom, India, Sri Lanka, Pakistan and Mexico. A study took place in Glasgow, USA. Brown, 2001, with the title of "Homeopathy vs Placebo in cases of persistent allergic rhinitis", and it says that the patients that were treated with homeopathic drugs had a significant improvement in the runny nose in comparison to those patients who were treated with placebo.^{1,4}

In scientific magazines: such as, "The Lancet", there have been mentioned important studies about homeopathy,^{1, 5} which proves that homeopathy really works out.

The basic principles which constitute the ideological foundation of homeopathy in order classically used are: Similarity Law: this law is one that clearly defines the act of homeopathy (Hahnemann SCF, 1989). Hahnemann states that any substance that is capable of producing certain symptoms in a healthy experimenter is able to cure those symptoms in sick individual, whenever administered in infinitesimal doses. The important points in this law are:

- Any pharmacologically active substance causes in a healthy and sensitive individual a set of characteristic symptoms of that substance.
- Any individual patient presents symptoms that characterize their disease.
- Healing can be obtained by administering a small amount of the substance whose effects are similar to those of the disease.⁶⁻⁹

Other concepts used in homeopathy are the term Individuality: Refers to the way in which the individual manifests his nature or character, so sick (morbid Individuality) and the way they react to the environment in relation to how to manifest the disease, also called modalities in homeopathy. Individualization is the selection of current symptoms that characterize a disease process. The individualization not concerned with diseases, but the sick. Homeopathic prescribing requires individualization of

the patient according to the totality of symptoms that characterize it, according to the individualization of medicine.¹⁰

Low dose: The dose concept is "Amount of drug administered once" and minimum dose is related to the "Amount of drug administered and the time it can produce significant effects in an individual."¹¹

Only one remedy at a time: Managing one drug at a time is as pure experimentation Hahnemann conducted in healthy people, there were several Pathogenesis and medical knowledge was formed. Hahnemann experiment one drug and not the combination of two or more, is why he in paragraph 273 of the 6th edition of the Organon of medicine mentioned that "In any case it is necessary to use more than one drug at a time."⁶

The history is the set of subjective data (provided by the patient) and objective includes a proper interrogation, it can be obtained with integrity related data to make a diagnosis that the patient has, and through it could be found how unique, unrepeatable and determined individual, leading to an effective and timely treatment.^{11, 12}

From the Orthodox homeopathy is noted that these findings could hypothetically mean the center of action on an emotional level, mental symptoms, this is explained by the speech that express more clearly and honestly their symptoms of emotional sphere during interrogation. The results obtained in this investigation allocated and redefine a place for the persistence of homeopathic medicine as a type of medicine that is executed from the holistic resignation. Scientific research has shown.¹³

"With regard to research all symptoms, is entirely indifferent, that ever was such a thing in the world, under whatever name. During the examination of a case, forget about any other that has been similar. We should never substitute hypothesis observation; never consider a case as I have known. "For the homeopath patient is seen as a whole, so that its current state is inseparable from his personal and hereditary past. The disease is integrated in the general history of the individual episode and her biological family.

However although the results with homeopathy are good, there is the need to confirmation of it by the response to the following questions:

What is the effect of homeopathic medicine in a case of chronic tonsillitis based on the principle of "first the mind, then the body"?

Aim: Describe the effect of a homeopathic treatment in a case of chronic tonsillitis, first restoring mind then the body from the first principle of Orthodox Mental than physical.

METHODOLOGY

A case study was conducted in a young 20 years old male, performed in a patient who had in his physical plane cryptic chronic tonsillitis characterized by an ongoing inflammatory process and a half year course, with fast evolution, with no history inherit-family for this condition, said to have suffered often from respiratory diseases, showed no temperature, bone pain, cannot remember which drugs have commanded by allopathic doctors, has no joint pain, says that he has never used cortisone, with crypts filled with pus-scented ricotta spoiled, foul, apparently an infection with *Candida albicans*, aphasia pain, pale, serious, Sad it shows.

In his emotional level, at the level of mental symptoms, he said that he was not that serious, but feel depressed, he felt

frustration at not being admitted because of long ago to college to pursue a career, feels he has lost value the person who has lost the opportunity to study a career, says feeling very sad and began to cry quietly, feeling that something crosses his neck as plugging him, this will improve the drinking water, but is momentary, "Since we do not enter the university lost everything, I feel it already lost everything, I lost my confidence, I always thought that was good in high school, but it is not so, and I trust what I can do" is what the patient relates, which translates as: "Loss of confidence". Keep telling: "The more I think about this failure I have a headache" and to question him, What is this pain? "As I bury something weevil and cold," says temples. Do not consume alcohol, says no drugs, but lonely, single, has not initiated sexual activity, he feels that he will not be able to do, as if they have the confidence to do so, "do not feel like doing anything because I lost the opportunity to access my career in a year and a half, and it's twice that do not go to college," also reports that their diet is deficient.

Chronic tonsillitis case treated with homeopathy. Notwithstanding, for this pathology there are other medications which may seem more relevant to the correct decision in the clinic case such as *Hepar sulfur*, *Carbonic baryta*, among others. Accordingly, the purpose of the treatment should be the patient's recovery of will, thus increasing the patient's immunocompetence and thereby leading to the resulting recovery of tonsillitis. The importance of the case is to seek a treatment based on the prioritization of mental over organic symptoms.

Bioethical Considerations. In this study, it was necessary to seek permission from the person to publish this case, although a letter of informed consent, and that was evaluated and homeopathic treatment was given, was not signed this was based on the totality of symptoms with emphasis on symptomatology mentally from their emotional state.

Repertorization-Treatment

This was done in RED-RADAR, and finally the decision was taken by the homeopathic prescribing: *Ignatia amara* 200 CH, as follows; A decision placing plus 10 drops in half glass of water, in two doses, one every 15 minutes. He said take 5 drops of the liquid medication in the morning and in the same way 5 drops at night, this for the first week and next only at night. He was advised not to take black cola, tea, chamomile, peppermint, chocolate, also like caring for your medicine, do not store it in the refrigerator, do not place near magnetic or electronic fields, in the shade and cool place. Subsequent to this time and based on the comments on the second query and noticeable changes in the crypts of the tonsils dose *Ignatia amara* 1000 CH with one sample per week for three weeks increased.

RESULTS

During the first phase of treatment the young man felt the fetid odor had disappeared and this process was gradual, but the initial two weeks had gone the smell of rotten cottage cheese, felt more encouragement to do their daily work, and had already begun with information search to try again entered to study at the university, said in consultation now if achieved its mandate to enter to study and even had since other options to consider if he entered the career of their choice, the swelling had yielded almost entirely, to recover his dream, now slept well and felt in the mood to get up to go to work and to think about their future. (Figure 1)



Note that the bottom of the oral cavity the tonsils and crypts in these find visible.



Another aspect to be highlighted in the picture is the color of the tongue, creamy white with alterations in taste buds

Figure 1: Pictures showing the health status physical level, note the inflammatory process and cripts of tonsils, tongue alteraciomes in papillary level necessary quantity albicans.

Source: Direct Diana Ivonne Arista Duran photography, 2014

In the second phase of treatment, the same way he points out that this is no longer the tonsils, "I no longer have those perforations or pus" as balls of those pesky, no longer leave me, now I feel great about it, Ball neck and was off me like 2 days of taking the medication and if it I already feel well, I'm not blues, I'm fine ".



Recent pictures wherever decrease the inflammatory process is observed, and mouth care



Note that the crypts have declined significantly, and the language shows remarkable changes.

Figure 2. Pictures that show the health physically, note the difference from Figure 1 where he began his treatment.

Source: Direct Diana Ivonne Duran photography Arista, 2014

Recent pictures wherever decrease the inflammatory process is observed, and mouth care Note that the crypts have declined significantly, and the language shows remarkable changes.

DISCUSSION

Having the opportunity to study a case, allows the practitioner of homeopathy reflect on various aspects, among which the "law of similars, the individuality of the person and especially the orthodox principle that is essential to treat mental, emotional and not let go to guide their homeopathic prescription for physical symptoms, although in this case it is clear that the patient has characteristic physical symptoms, mental symptoms were apparently linked to their symptoms, i.e. since He didn't earn his college entrance, to start his career both intensely emotionally symptoms as those physically.

The case studies are then in essence a chance to demonstrate that homeopathic medications cause an effect, it can be measured by the speech of the person who comes to visit, but depend on the professional trained in homeopathy from their skills to guide obtain maximum information during interrogation.

You need to use this type of study with an eye to corroborate pathogenesis, as they serve to open doors for drug designs expressed in homeopathic medical materials, this means that even as exploratory or descriptive observational studies open doors other study designs.

It is essential to perform an interpretive analysis on the results and compare these with the specific theoretical body of the philosophical foundations that sustain homeopathic as such

medicine, that is why from the results is necessary to point out that the analysis interpretation according to the action of homeopathic medicines, to point out that both the results obtained with homeopathic and regarding the question as to the recommendation of this, manifest in the results and explored narrated from acting professional homeopath.

From the Orthodox homeopathy is noted that these findings could hypothetically mean the center of action on an emotional level, mental symptoms, this is explained by the speech that express more clearly and honestly their symptoms of emotional sphere during interrogation. The results obtained in this investigation allocated and redefine a place for the persistence of homeopathic medicine as a type of medicine that is executed from the holistic resignation. Scientific research has shown 16 from its origins that homeopathy is a type of medicine that is accepted socially and through studies such as presented here, is clear and confirmed that the existence of this type of medicine is due to the results, expressing the same person who has managed to perceive the subtle or even aggravating effect of drugs that have been tested since its inception and require qualified to practice that profession. Conducting research projects in homeopathy strengthens this and confirms that its founder, Dr. Hahnemann left us a legacy that we still have to continue making discoveries of the importance of this type of medicine.

CONCLUSIONS

The results obtained with this person, the highlights in his speech or narrative from his own perception regarding homeopathic medicines have an effect and that this highlights

the confidence in the treatment, quality of care, questioning, and homeopathic efficiency-treatment drug.

The *Igantia amara* medicine loved subtly worked on improving and healing for this person from the beginning "First the mental, then physical. This shows the commitment of one who has been trained as a professional homeopathy to continue preparing in the art of healing. Importantly, the patient was dose is individualized and is not a recommendation of generalized type, so for each of the patients in their clinical cases must always be individualized.

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