



Research Article

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ANTINOCICEPTIVE ACTIVITY OF *MAGNOLIA GRANDIFLORA* LINN. LEAVES

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ABSTRACT

Magnolia grandiflora (Magnoliaceae) is an evergreen tree with fragrant and showy flowers native to southeastern USA but widely cultivated all over the world and used in cosmetics industry in treatment of skin diseases. To estimate the different extracts of *Magnolia grandiflora* leaves by performing pharmacological screening of analgesic activity (Hot plate method and tail immersion method). In the present study the two methods were performed the mice was placed on a hot plate maintained at the temperature of $55 \pm 1^\circ\text{C}$ and the pain reaction time (PRT) or latency period determined with a stop watch was recorded and then about 2-3cm of the tail of each of the mice was dipped into a water bath containing warm water maintained at a temperature of $50 \pm 1^\circ\text{C}$ and the time taken for the mice to flick its tail or withdraw it from the warm water known as the pain reaction time (PRT) was recorded. Here, we report on the Pharmacological investigation of different extracts of *Magnolia grandiflora* Linn leaves. The results were demonstrated on that ethyl acetate extract ($P < 0.01$) exhibited significant dose dependent analgesic activity in all tested models for analgesia. The time course for analgesia revealed maximum activity after 30 min in both tail immersion and hot plate methods, which was prolonged to 24 hours. The study concludes that the ethyl acetate extract from leaves of *Magnolia grandiflora* possess analgesic activity at doses 250, 500 and 100 mg/kg I. p.

Keywords: *Magnolia*, Extracts, Analgesic activity, *Magnolia grandiflora*, Phytoconstituents, Hot plate and Tail immersion method.

INTRODUCTION

Southern Magnolia (*Magnolia grandiflora*) (Magnoliaceae) is a magnificent slow to moderate growing, evergreen tree. The leaves are simple, pinnate venation, smooth, waxy and oval to elliptical shape¹. Although there are some 250 species in the genus, *Magnolia grandiflora* is a dense, multi-branched evergreen tree, size 60 and 80 feet tall². *Magnolia grandiflora* Linn. Plant is widely used in Asian as a traditional herbal medicine and Chinese medicine for the treatment of colds, headaches, diarrhea, abdominal diseases and stomachache. A decoction of the bark of *Magnolia grandiflora* (Katlaha) was used by Indians as a remedy against itching due to 'prickly heat' and reported as a febrifuge³. The plant has also been used for the treatment of diarrhea and arthritis⁴. Various classes of compounds such as sesquiterpenoids, coumarins, glycosides, alkaloids and other compounds have been reported from this plant⁵ and also, they have been reported on flowers and leaves of aqueous extracts exhibit cardiovascular effects and as anticonvulsant activity. However, few documented literatures on phytoconstituents, scientific studies are reported from flower and root parts from this plant. But as per our knowledge, there is no documented literature of isolation and pharmacological activity of any phytoconstituents of *Magnolia grandiflora* leaves. Hence, the present study elucidates the activities from the different crude extracts of leaves of *Magnolia grandiflora* on the basis of various pharmacological activities.

MATERIALS AND METHODS

Plant material

Leaves of *Magnolia grandiflora* Linn were collected from the local gardens of Bangalore. The plant was authenticated by Dr. N.M Ganesh babu (Assistant professor heading centre for herbal

gardens). Voucher specimen kept in the Acharya and BM Reddy college of Pharmacy, Bangalore, Karnataka, India.

Extraction of plant material

2.5 kg of leaves were shade dried, coarsely powdered both leaves were extracted in Soxhlet with petroleum ether, ethyl acetate and methanol successively. After the solvents were diluted and condensed in a flash evaporator under reduced pressure, the yield was found to be 13 g, 10 g and 8 g of leaves powder respectively.

Phytochemical screening

Preliminary qualitative phytochemical tests were carried out on crude various extract employing standard procedure⁶.

Animals

Adult female Swiss albino mice, weighing 20 g to 30 g were used in the study. The study protocol was reviewed and approved by the Institutional Animal Ethical Committee (IAEC No: IAEC/ABMRCP/2018-2019/22) and conforms to the Indian national science academy guidelines for the use and care of experimental animals in research. Animals were obtained from Acharya and BM Reddy College of Pharmacy, Bangalore. Mice were housed in Polyacrylic cages (38 x 23 x 10 cm) with not more than four animals per cage. They were housed in an air-conditioned room and were kept in standard laboratory conditions under natural light and dark cycle and maintained humidity $60 \pm 5\%$ and an ambient temperature of $25 \pm 2^\circ\text{C}$. The animals were free access to standard diet and water ad libitum. The animals were allowed to acclimatize for one week before the experiments. Commercial pellet diet contained 22% protein, 4% fat, 4% fiber, 36% carbohydrates and 10% Ash w/w supplied by Amrut rat feed, Bangalore was used.

Drugs and Chemicals

Aspirin (Acetyl Salicylic acid), Standard drug was procured from Sigma Aldrich, India, while plants extract used as a testing group.

Acute toxicity study

The oral acute toxicity study of leaves extract of *Magnolia grandiflora* was evaluated according to Organization for Economic Co-operation and Development (OECD) guideline 425⁷ on mice (20–30 g), where the limit test dose of 2000 mg/kg was used. All the animals were kept at overnight fasting before to every experiment with free excess to water. The animals were divided into two groups, each comprising 5 animals. The 1st group served as a control, while 2nd was considered as tested groups received orally *Magnolia grandiflora* (dissolved in distilled water) extracts at dose of 300 mg/kg, 500 mg/kg and 2000 mg/kg. Before dose administration, the body weight of each animal was determined, and the dose was calculated according to the body

weight. The animals were observed for any toxic effect for first 4 hours after the treatment period. Further animals were investigated for a period of 14 days for any toxic effect⁸. The observations were tabulated according to ‘Irwin’s Table’ (Table 2).

Analgesic Activity by the Hot Plate Method

Adult female Swiss albino mice were randomly grouped into five groups of six mice each, fasted for 12 hours with sufficient hygienic water provided *ad libitum*. Each of the mice was placed on a hot plate maintained at the temperature of 55 ± 1°C and the pain reaction time (PRT) or latency period determined with a stopwatch was recorded which represents the time taken for the mice to react to the pain stimulus. The response to pain stimulus considered included jumping, raising and licking of hind foot. The cut off time was fixed for 20 seconds⁹. The extracts were administered I. p. 250, 500 and 1000 mg/kg b. w. The mice were then treated as follows in Table 3.

Table 1: Preliminary phytochemical screening

Phytoconstituents	Petroleum ether (60-80°C) extract	Ethyl acetate extract	Methanol extracts (70 %)
Steroids	+	-	+
Triterpenoids	+	+	+
Saponins	-	-	-
Glycosides	+	-	-
Carbohydrates	-	-	-
Alkaloids	+	-	+
Flavonoids	+	+	+
Tannins	-	+	-
proteins	-	-	-

Table 2: ‘Irwin’s Table’ of acute toxicity study

1.	Alertness		N	N
2.	Stereotype		N	N
3.	Irritability		-	-
4.	Fearfulness		-	-
5.	Touch response		N	N
6.	Pain response		N	N
7.	Spontaneous activity		N	N
8.	Grooming		-	-
9.	Restlessness		-	-
10.	Convulsions		-	-
1.	Righting reflex	neurological response	N	N
2.	Limb tone		N	N
3.	Grip strength		N	N
4.	Twitching		N	N
5.	Abdominal tone		N	N
6.	Pinna reflex		N	N
7.	Corneal reflex		N	N
8.	Straub tail		-	-
9.	Tremors		-	-
10.	Convulsions		-	-
1.	Writhing	Autonomic response	N	N
2.	Defecation		N	N
3.	Urination		N	N
4.	Pilo erection		-	-
5.	Heart rate		N	N
6.	Respiration		N	N
7.	Pupil Size		N	N

Table 3: Administration of the drug

S. No.	Groups	Treatment
1.	control group	Normal saline (10 ml/kg) i. p.
2.	Standard Group	Acetyl Salicylic acid (20 mg/kg) i. p.
3.	Group A	Pet ether extract
4.	Group B	Ethyl acetate extract
5.	Group C	Methanol extract

Table 4: Administration of the drug

S. No.	Groups	Treatment
1.	control group	Normal saline (10 ml/kg) i. p.
2.	Standard Group	Acetyl Salicylic acid (20 mg/kg) i. p.
3.	Group A	Pet ether extract
4.	Group B	Ethyl acetate extract
5.	Group C	Methanol extract

Tail Immersion Method

Adult female Swiss albino mice were randomly divided into five groups with six mice each, fasted for 12 hours with clean drinking water provided *ad libitum*. The animals were treated with 10 ml/kg sodium CMC for group A (control group) for 60 minutes before tail immersion, 20 mg/kg acetyl Salicylic acid (aspirin) for group B (standard group) and 100, 300 and 500 mg/kg b. w. of *Magnolia grandiflora* extract for groups C, D and E respectively. Then around 2-3 cm of each mice's tail was immersed in a water bath which containing warm water at a temperature of $50 \pm 1^\circ\text{C}$ and even the time taken for the mice to waggle its tail or remove it from the warm water documented as the pain reaction time (PRT) for every mouse. The time was recorded at every 15 min¹⁰. (Table 4)

Data Analysis

The result was presented as mean \pm SEM and analyzed using One-way Analysis of Variance (ANOVA). The difference between the means was tested with Dunnett's test of $P < 0.05$ were considered statistically significant.

RESULTS

Plant Extraction

The yield of *Magnolia grandiflora* leaves was found to be petroleum ether (8.26%), ethyl acetate (7.66%) and methanol (6.45%) of powder extracts respectively.

Phytochemicals screening

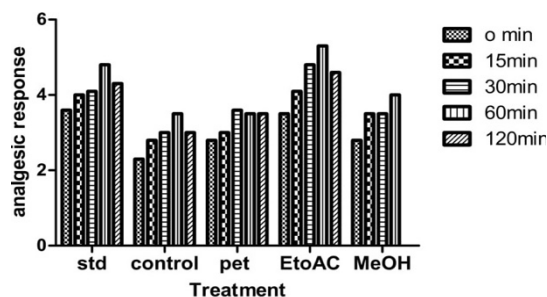
Preliminary phytochemical tests for Petroleum ether, Ethyl acetate and Methanol extracts revealed the presence of Flavonoids, tannins and Saponins (Table 1).

Acute toxicity

The results showed no clinical signs and mortality of the animal therefore an LD50 > 2000 mg/kg body weight may be assumed.

Hot Plate Method

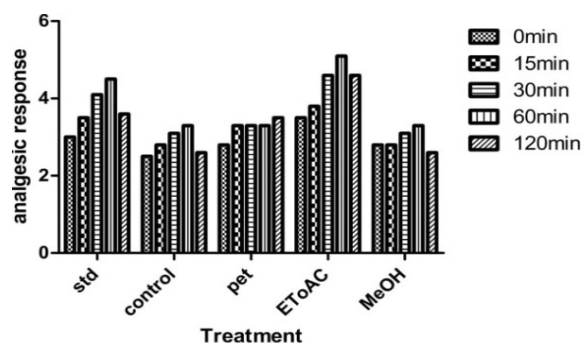
The result of the effect of *Magnolia grandiflora* leaves on the hot plate method is presented in ethyl acetate. The outcome revealed that there was no significant difference in the PRT. After standard and test drug were administered orally, by using Dunnett's test the test drugs shows better PRT with the ethyl acetate extract than petroleum ether and methanol extract 500 mg/kg than 1000mg/kg b. w. relatively standard drug (20 mg/kg). The extract at the amount of 250 mg/kg did not illustrate any important increase in the time (Graph 1).



Graph 1: Effect of different extracts of *Magnolia grandiflora* on latency by Hot plate method

Tail immersion method

In *Magnolia grandiflora* leaves of ethanol extract, the tail withdrawal has been reported at 100, 300 and 500 mg / kg, i. p. Contrasted with some other two extracts at 30 min in mice. Data are summarized in. (Graph 2)



Graph 2: Effect of different extracts of *Magnolia grandiflora* on latency by Tail immersion method

Statistical results

Statistical analysis was done by ANOVA followed by Dunnett's test. All the values are expressed as mean \pm SEM. * $P < 0.05$, ** $P < 0.01$. When compared to standard drug the results of hot plate method were assessed by latency period, which showed significant ($P < 0.01$) suppression of Pain reaction time of petroleum ether, ethyl acetate, extracts at a dose of 200 mg/kg b. w. exhibited significant ($p < 0.01$) analgesic activity as compared to standard drug. Values are representing mean \pm SEM.

** $P < 0.01$ as compared (* $P < 0.05$) to standard indicates more significant analgesic activity. The results of central analgesic activity were assessed by tail immersion test, which showed that all these extracts show significant ($P < 0.01$) analgesic activity at 30 min but ethyl acetate extract shows very moderate activity at 60min compared to standard drug.

DISCUSSION

The research was carried only due to an improvement in the intake amount of synthetic drug and its adverse effects, it is essential to reflect on herbal drug with fewer side effects. The anxiolytic effect of the plant is due to the presence of enzymes Carboxypeptidases and bradykinase which seeks to reduce anxiety. It is recognized that the plants that produce some steroidal alkaloids and earlier research have recorded coumarins to relieve pain with immunomodulatory and antioxidant properties. These seek to help alleviate anxiety by improving the immune system and reducing prostaglandins which are essential for the pain. In experimental study, analgesic effect of extract was demonstrated using the hot plate and tail immersion method. Using thermal stimuli, an increase in reaction time is generally considered an important parameter for analgesic activity. The stimulus can be thermal (tail immersion, and hot plate testing), mechanical (tail or paw pressure testing), electrical (pair, tail or dental pulp stimulation) or chemical (writhing and formalin testing). The system of hot plate immersion and tail immersion was found to be ideal for the evaluation of centrally acting analgesics.

CONCLUSION

The present study demonstrates that *Magnolia grandiflora* leaves extract acts as a potent analgesic agent. The analgesic activity may be due to its ability to activate Opioids receptors in the central nervous system. It may also inhibit endogenous pain substances, which are involved in the peripheral analgesia. Bioactive substances from this plant can, therefore, employed to develop drugs for the treatment of various inflammatory diseases. The petroleum ether, ethyl acetate and Methanol extracts showed pronounced analgesic effects. The data support the folk traditional use of *Magnolia grandiflora* to treat inflammatory diseases that are associated with pain.

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