



Research Article

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ASSESSMENT OF EFFECTIVE POTENTIALITY OF AQUEOUS LEAF EXTRACT OF HOLY BASIL (*OCIMUM TENUIFLORUM* L.) ON GROWTH AND CELL DIVISION OF GRASS PEA (*LATHYRUS SATIVUS* L.)

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ABSTRACT

The effective potentiality of aqueous leaf extract (AE) of holy basil green type (*Ocimum tenuiflorum* L., Family: Lamiaceae, 2n=36; scented branched herb) has been tested on colchicine treated (0.25 %, 8 h) seeds of grass pea (*Lathyrus sativus* L.; Family: Fabaceae) at different concentrations (10.0, 20.0, 40.0, 80.0 and 100.0 per cent solution). The objective of the study is to foresee whether AE possesses the effectivity to inhibit colchicine induced enhancement of growth, cell division frequency and polyploid cell formation in a plant model, and the result obtained is promising in that direction. The result suggests that AE can be useful as an anti-cancerous extract, which however needs further evaluation.

KEYWORDS: Aqueous leaf extract; colchicine treatment; mitotic index; polyploid cell frequency; anti-cancerous

INTRODUCTION

Ocimum tenuiflorum L. (Family: Lamiaceae; common name-holy basil) possesses fragrance due to presence of essential oil (eugenol; methyl clavicol; 1, 8-cinole and α and β -bisabolene¹) in leaves, flower and stem. The species (mostly leaves, also stem, flowers, roots, seeds and even whole plant) possesses immense significance for therapeutic uses² especially in ayurvedic medicine where it is known as 'elixir of life' and believed to promote longevity³. The species also possesses anti-fungal⁴, anti-microbial⁵, anti-fertility², anti-diabetic⁶, hepatoprotective⁷, cardio protective⁸ adaptogenic and anti-oxidant^{9,10} properties apart from other uses¹¹, thereby highlighting its potentiality as source of bio-active compounds.

Ethanollic (anti-diabetic¹²), methanollic (anti-inflammatory¹³; gastro-protective¹⁴), hydroalcoholic (cardioprotective¹⁵) and aqueous (immunomodulatory¹⁶; radioprotective¹⁷) leaf extracts (AE) were tested for different pre-clinical activities using animal models. Both aqueous (topically) and ethanollic (orally) leaf extracts are found chemopreventive against 7, 12-dimethyl benzaanthracene induced hamster buccal pouch carcinogenesis¹⁸. However, such studies are rather meagre in *in vivo* system using plant as model. Samanta *et al.*^{19, 20} reported that plant species like *Lathyrus sativus* L. (readily grown all throughout the year, low chromosome number 2n=14 with good stainability) can be used as model for preliminary screening of novel anti-cancerous drugs.

The present study describes the effectivity of aqueous leaf extract of *O. tenuiflorum* (green type-holy basil) on germinating grass pea (*L. sativus*) seeds (prior treatment of seeds with aqueous solution-0.25 % Colchicine for 8h duration in each case) in relation to germination frequency, seedling growth, mitotic index and polyploid cell frequency. Prior treatment of seeds with colchicine will induce polyploid cell formation by depolymerising microtubules²¹. Uncontrolled polyploidy is an

essential attribute associated with cancer development. The objective of the present study is to foresee whether aqueous leaf extract of holy basil can inhibit induced polyploidy using plant system as model (cost effective, convenient to use with no ethical barriers) and be considered as potent extract against cancer.

MATERIALS AND METHODS

Preparation of Aqueous Extract (AE)

Fresh leaves of *O. tenuiflorum* L. (green type) collected from University of Kalyani campus (Nadia, West Bengal) during the month of February, were cut into pieces and dried in hot air oven (40 °C \pm 1 °C) for 48 h, crushed with a mortar and pestle and the dusts were stored at -20 °C for subsequent uses. Dust of 20 g was suspended in 20 ml distilled water thoroughly using magnetic stirrer (100 %). The content was then taken in clean beaker and boiled at 80 °C \pm 1 °C for about 30 h duration in a water bath. The crude extract was then filtered in a Whatman[®] filter paper no. 42 and the supernatant was kept as stock solution and dilutions were made in double distilled water.

Plant Material and Treatments

Basil has great variation in chromosome number and therefore meiotic analysis (inflorescence fixed at 4.00 pm to 5.00 pm in Carnoy's fixative for 48 h following one change after 24 h; PMC squashes were made in 2 % propionocarmine solution) was performed to ascertain the chromosome number of the species under consideration.

Dry filled seeds of *L. sativus* (Family: Fabaceae, common name: grass pea) were surface sterilized (0.1 % HgCl₂) for 5 mins, washed with distilled water (3 times, 10 mins each) and treated with aqueous solution of colchicine (0.25 %) for 8 h in dark. The treated seeds were given a recovery period of 24 h in distilled water and then given in Petri plates lined with moist filter paper. The Petri plates were kept in controlled laboratory conditions (18 °C \pm 1 °C) for germination. The germinated seeds

(initiation of germination following bursting of seed coat) were soaked in AE (100.0, 80.0, 40.0, 20.0 and 10.0 %; 50 seeds in each lot) for 48 h duration. Dry seeds (A) and seeds treated with colchicine (0.25 %, 8 h – B) were kept as controls.

Assessment of Seedling Length, Mitotic Index and Polyploid Cell Frequency

Seedling length (mm) was measured in a millimetre graph paper on 7th day from treatment (randomly 8-10 seedlings were taken from each set and from each replica; 3 replicas were kept for each set including control A and B). Lethality and injury were calculated from germination frequency and seedling length respectively as per cent of controls (A and B) in accordance with Konzak *et al.*²². Seedling morphology was also studied.

Mitotic study was performed from germinating roots (2 mm) collected from control and treated materials, fixed in 1:3 acetic alcohol (v/v) for overnight and preserved in 70 % alcohol under refrigeration for subsequent uses. The roots (2 per slide and 3 slides for each set) were stained in 2 % orcein-HCl (1N) mixture and the root tips were squashed in 45 % acetic acid. Mitotic index (MI) was calculated using the formula: MI = (dividing cells / total number of cells) × 100. Frequency of polyploid cells was estimated from dividing cells. Data obtained for seedling length, frequency of dividing cells and that of polyploid cells were statistically analyzed using F-test and by computing critical difference (CD) to assess significant variation, if any, between/among treatments. Photomicrographs were taken from suitable cytological preparation.

Table 1: Physiological and cytological attributes studied in *L. sativus*

Doses (%)	No. of seeds given	Germination frequency (%)	Seedling length on 7 th day (mm)	*Lethality	*Injury	Cytological attributes			
						No. of cells assessed	No. of dividing cells	Mitotic index (%)	Frequency of polyploid cells (%)
Control A	50	84.00	11.10±0.63	-	-	9104	451	4.95	0.00
Control B	50	94.00	10.60±0.34	-	-	8000	640	8.00	75.50
B+10.0	50	90.00	9.90±0.26	- (4.25)	10.81 (6.60)	7833	416	5.31	71.10
B+20.0	50	90.00	7.90±0.45	- (4.25)	28.83 (25.51)	6515	355	5.45	61.90
B+40.0	50	100.00	9.70±0.44	-	12.60 (8.53)	6100	340	5.57	52.00
B+80.0	50	84.00	9.10±0.86	-	18.10 (14.13)	6000	355	5.92	47.00
B+100.0	50	100.00	10.00±0.31	-	9.90 (5.70)	8239	400	4.85	31.00
CD at 5% level			0.66					0.08	0.78

*Per cent of control; values in parenthesis are in relation to control B

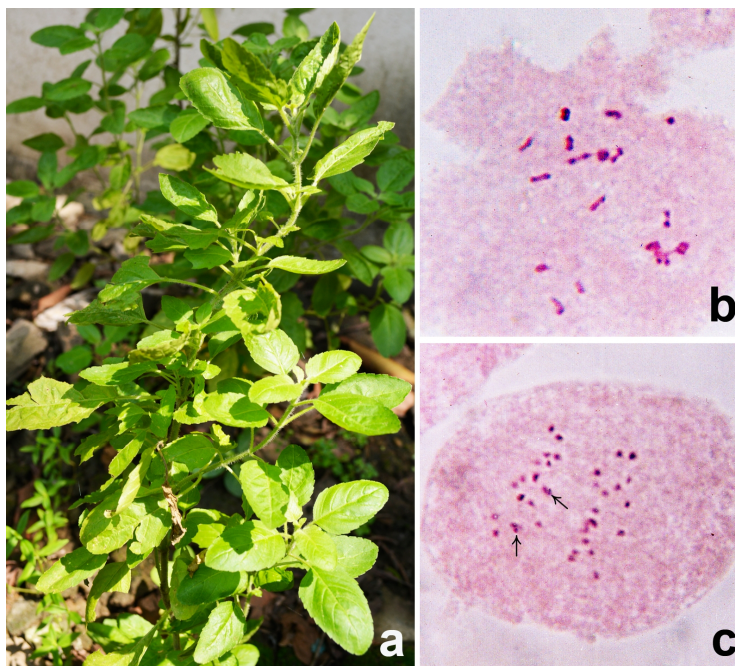


Figure 1a: A mature twig of *O. tenuiflorum*, b: 18II at metaphase I (2n=36), c: 18/18 separation of chromosomes at anaphase I (→ indicates overlapping chromosomes)

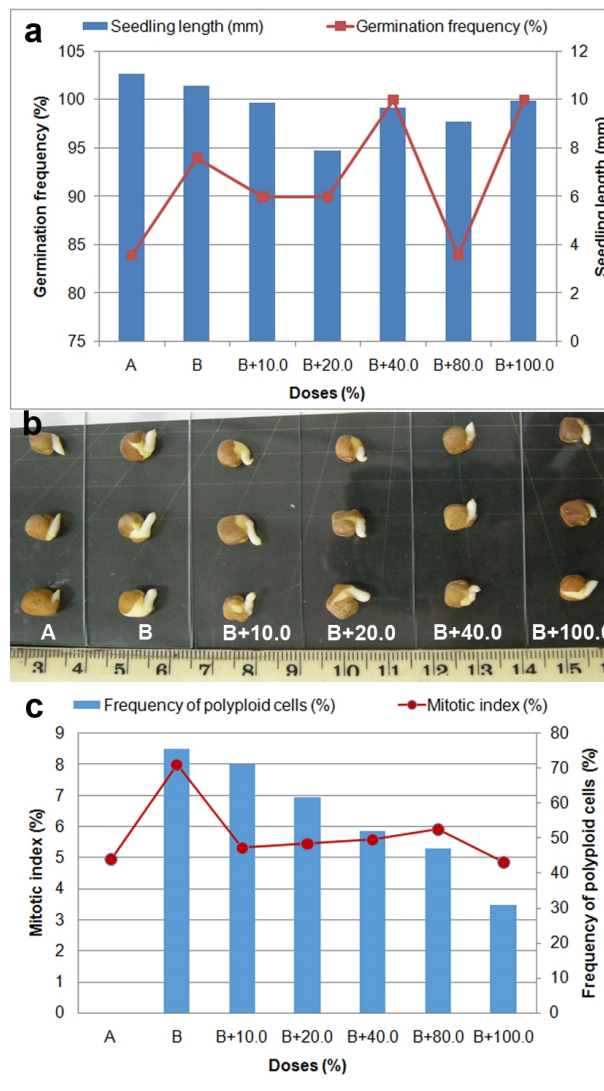


Figure 2a: Germination frequency and seedling length in control(s) and treated samples, b: bulging of radicle length in control B and its phenotypic changes in different concentrations, c: mitotic index and frequency of polyploid cells in control(s) and treatments

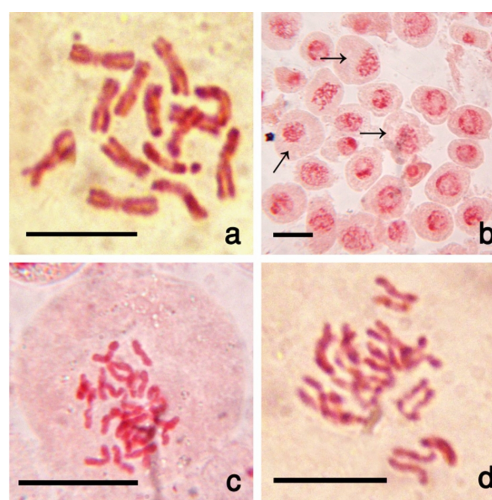


Figure 3a: Metaphase showing $2n=14$ chromosomes in control A, b: enhancement in cell and nuclear volume in control B, c-d: metaphase cells with $2n>14$ chromosomes in control B (scale bar= $25\ \mu\text{m}$)

RESULTS AND DISCUSSION

O. tenuiflorum is an erect, scented and branched herb (Figure 1a). The chromosome number assessed has been $2n=36$ always predominantly 18II at metaphase-I (Figure 1b) and 18/18 segregation of chromosomes in anaphase-I cells (Figure 1c). The chromosome number in the species is in accordance with earlier reports²³⁻²⁵ thereby authenticating the identity of the species. Mukherjee and Datta²⁵ opined that basic chromosome number in basil including *O. tenuiflorum* is $x=12$ with probable origin from primitive base number $x=6$ through polyploidization event.

Physiological and cytological attributes are presented in Table 1 and Figure 2a-c. In relation to control A (84.0 %) and control B (94.0 %) germination frequency in AE treatments ranges from 84.0 % (80 % AE) to 100.0 % (40 and 100 % AE). Effect reflected for germination frequency is not marked between/among doses including controls. Colchicine treatments (control B) induced bulging of radicle tips and it shows diminishing tendency with AE treatments (Figure 2b). Radicals are phenotypically normal from 80.0 % AE treatment onwards. Seedling length is $11.1 \text{ mm} \pm 0.63$ in control A and $10.6 \text{ mm} \pm 0.34$ in control B and it decreases significantly ($p<0.05$) in AE treatments (excepting: 100.0 % AE as compared to control B). Decrease in seedling length is not dose dependent. Lethality and injury are also noted in some doses of treatment.

Frequency of dividing cells enhanced significantly ($p<0.05$) in colchicine treated seeds (8.0 %; control B) than dry control (4.95 %; control A). Significant ($p<0.05$) reduction in mitotic index (4.85 %–100.0 % AE to 5.92 % – 80.0 % AE), though not dose dependent, has been studied following AE treatments in relation to control B (Figure 2c). Frequency of dividing polyploid cell is 0.0 % in control A and 75.5 % in control B. Dose dependent decrease (significant- $p<0.05$) in polyploid cells frequency has been studied following AE treatments. Control B also shows enhancement in cell and nuclear volume, which also reduces following AE treatment (Figure 3a-d).

Thus aqueous leaf extract of holy basil (green type) possesses the potentiality to inhibit growth, cell division and polyploid cell formation, attributes associated with cancer. Such inhibitory action on cell division possibly caused due to DNA interaction during replication by different anti-cancerous drugs namely, methotrexate^{19,26-29}, vinblastine³⁰, etoposide²⁰, cisplatin²⁰ among others have also been reported in plant system. Karthikeyan *et al.*¹⁸ suggested that administration of aqueous and ethanolic extract of *O. sanctum* to mice bearing Sarcoma-180 solid tumour mediated a significant reduction in tumour volume and increase in life span.

The present investigation signifies 1) aqueous leaf extract of holy basil possesses the potentiality to inhibit growth and cell division and can be a source of anti-cancerous agent; however, active constituent(s) associated to it needs identification and 2) plant system can be used as model for preliminary screening of such plant extracts. Plant system is rather convenient to use and cost effective.

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